Athletic Forms Check List:

- **EL2 (Sports Physical)**
- **EL1 Heart Screening (ECG)**
- **EL3 (Consent and Release Form)**
- **Athletic Handbook Agreement**
- **NFHS Video Certificates**
  - Sudden Cardiac Arrest
  - Heat Illness Prevention
  - Concussion in Sports
  - Sportsmanship

- Electronically sign in SportsWare

***Important: Please note new FHSAA requirements for participation included in the check list. All forms must be up to date and cannot expire during any part of an athletic season.**

INSTRUCTIONS FOR LOGGING INTO SPORTSWAREONLINE™

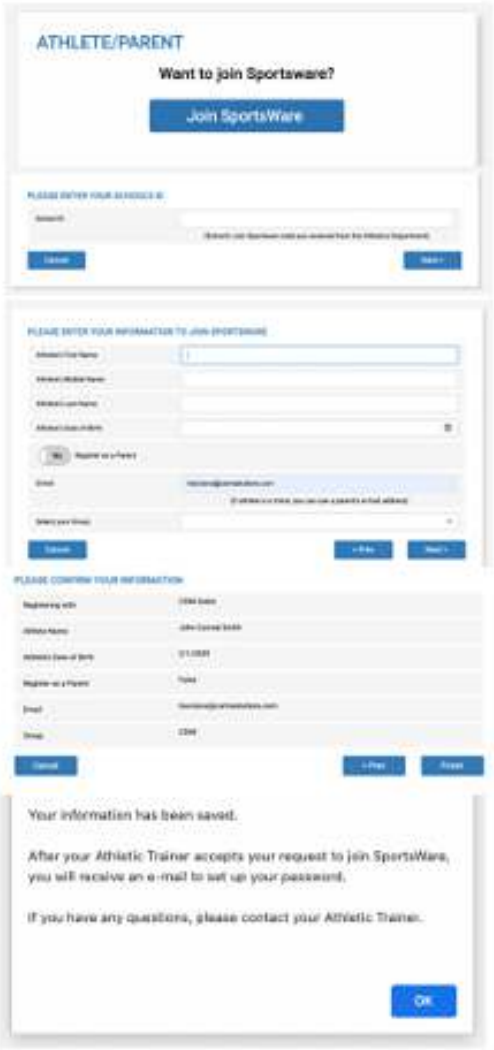
BMCHS is utilizing SportsWareOnLine to collect important information for students participating in the Athletics Department.

The first time you visit SportsWareOnLine, you will need to request to join using the following steps.

Please direct any questions to **Coach Emma**, emma.swindler@bmchs.com

To Create an Athlete Account

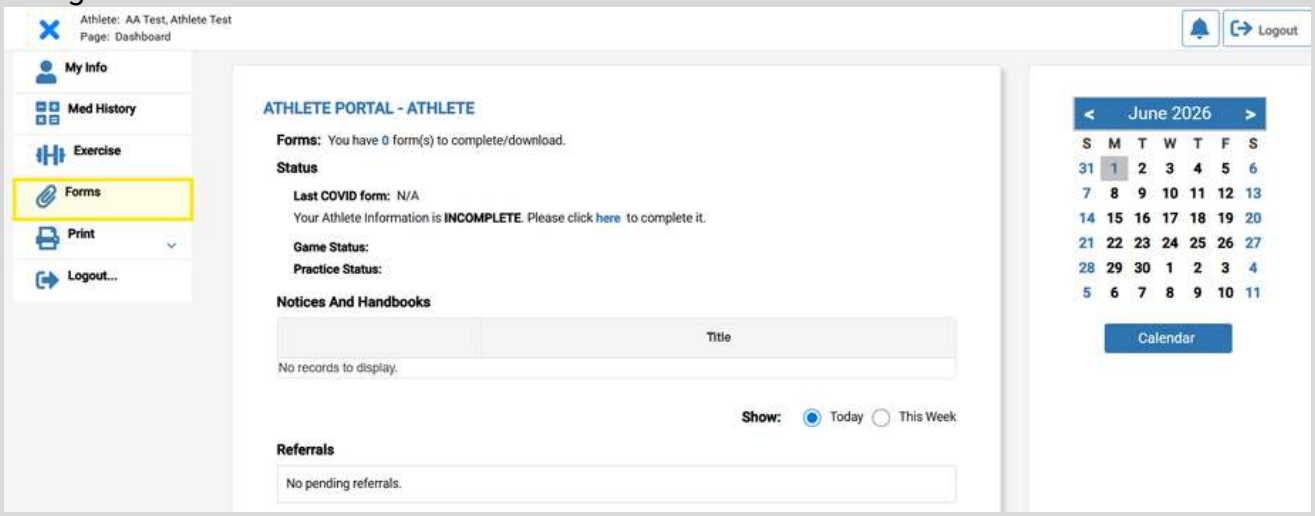
1. Go to www.swol123.net
2. Click **Join SportsWare** button in the Athlete/Parent block.
3. The School ID is **BMCHS Athletics.** Enter it in the box shown. Click **Next.**
4. Next, fill in all your information. Use your school email address if you have one.
5. In the **Select Your Group** drop down, choose the school you attend. (if applicable)
6. It's important you fill in all the information accurately so the ATC can appropriately match all student records.
7. On the next screen, verify you have typed in all your information correctly. Click **Finish.**
8. Now you need to **wait for the ATC to approve** your account before being able to login.
9. When your account is approved, you will be sent an email to create a password.



- **Returning athletes-- do Not creat a new account. If you forget your log in, reach out to Coach Emma**

Adding Forms To SportsWare:

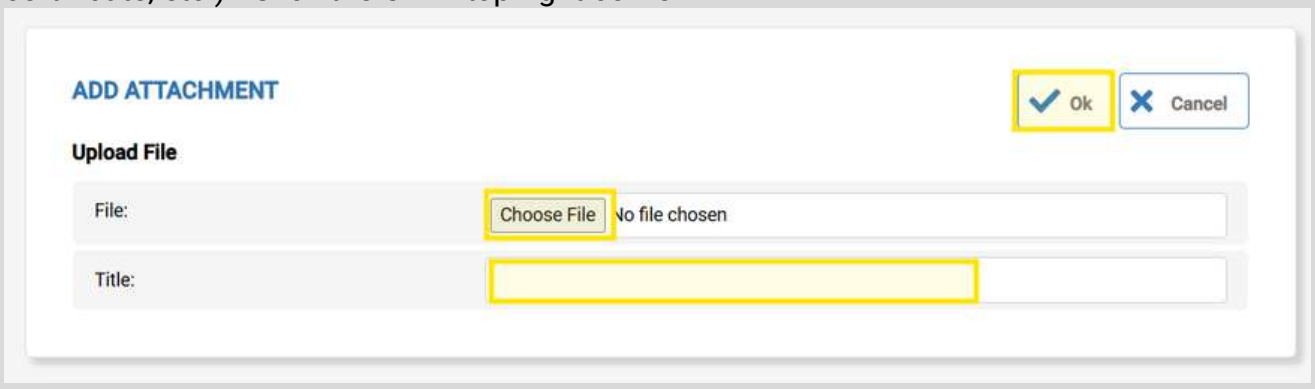
Navigate to the forms tab--



Click on the add button--



Choose your file to upload-- Title is accordingly (i.e: EL2 page1, EL2 page 2, heat illness certificate, etc.)-- Click the OK in top right corner



Always save and log out of your account!

